



10<sup>th</sup> International Congress of Cognitive Psychotherapy  
Rome (Italy) 18<sup>th</sup>-21<sup>st</sup> June 2020

# 10TH INTERNATIONAL CONGRESS OF COGNITIVE PSYCHOTHERAPY

SPONSORED BY THE INTERNATIONAL ASSOCIATION OF COGNITIVE PSYCHOTHERAPY (IACP)

**ROME (ITALY), 18TH-21ST JUNE 2020**

**“AUDITORIUM DELLA TECNICA” – CONFERENCE CENTRE**

**VIALE TUPINI, 65 – ROMA - EUR**

# ORGANIZERS

## PRESIDENTS



ANTONELLA MONTANO



GABRIELE MELLI

## OFFICIAL SPONSOR



## CHAIR, SCIENTIFIC COMMITTEE



PAOLO MODERATO

## ORGANIZING SECRETARIAT



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- G.J.G. ASMUNDSON – UNIVERSITY OF REGINA (CANADA)
- J.S. BECK – UNIVERSITY OF PENNSYLVANIA (USA)
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- D. DÈTTORE – UNIVERSITY OF FLORENCE (ITALY)
- G. DIMAGGIO – CENTER FOR METACOGNITIVE INTERPERSONAL THERAPY, ROME (ITALY)
- J. FISHER – SENSORIMOTOR PSYCHOTHERAPY INSTITUTE, BROOMFIELD (USA)
- P. GILBERT – UNIVERSITY OF DERBY (UNITED KINGDOM)
- S.C. HAYES – UNIVERSITY OF NEVADA (USA)
- S.G. HOFMANN – BOSTON UNIVERSITY (USA)
- R.L. LEAHY – AMERICAN INSTITUTE FOR COGNITIVE THERAPY, NEW YORK (USA)
- F. MANCINI – GUGLIELMO MARCONI UNIVERSITY, ROME (ITALY)
- L.K. MCGINN – YESHIVA UNIVERSITY, NEW YORK (USA)
- M.G. NEWMAN – PENN STATE (USA)
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- S. SASSAROLI – SIGMUND FREUD UNIVERSITY, MILAN (ITALY)
- A. SEMERARI – THIRD CENTER OF COGNITIVE PSYCHOTHERAPY, ROME (ITALY)
- L. SIBILIA – CENTER FOR RESEARCH IN PSYCHOTHERAPY, ROME (ITALY)
- C. SICA – UNIVERSITY OF FLORENCE (ITALY)
- M.Z. SUNGUR – ISTANBUL KENT UNIVERSITY (TURKEY)
- P. TATA – CENTRAL AND NORTH WEST LONDON NHS FOUNDATION TRUST (UK)
- A. WELLS – UNIVERSITY OF MANCHESTER (UK)
- S. WILHELM – MASSACHUSETTS GENERAL HOSPITAL – HARVARD MEDICAL SCHOOL (USA)

The background features a light gray gradient with several realistic water droplets of various sizes scattered in the corners. The text is centered and reads:

**10 INVITED SPEAKERS  
AND  
9 PRE-CONGRESS WORKSHOPS**



**ARNOUD ARNTZ (NETHERLAND)**

*SCHEMA THERAPY FOR CLUSTER-C PERSONALITY DISORDERS*



**JUDITH S. BECK (USA)**

*A COGNITIVE BEHAVIORAL APPROACH TO WEIGHT LOSS AND MAINTENANCE*



**JANINA FISHER (USA)**

*WORKING WITH THE NEUROBIOLOGICAL LEGACY: DEVELOPING RESOURCES FOR A LIFE AFTER TRAUMA*



**PAUL GILBERT (UK)**

*EVOLUTION, ATTACHMENT AND COMPASSION FOCUSED THERAPY*





**STEVEN C. HAYES (UK)**



**STEFAN G. HOFMANN (USA)**

*PROCESS-BASED COGNITIVE BEHAVIORAL THERAPY*



**ROBERT L. LEAHY (USA)**

*EMOTIONAL SCHEMA THERAPY FOR DIFFICULT EMOTIONS*



**LYNN MCFARR (USA)**

*COGNITIVE BEHAVIORAL THERAPY FOR CHRONIC DEPRESSION*



**MEHMET SUNGUR (TURKEY)**

*COGNITIVE BEHAVIORAL SYSTEMS APPROACH TO COUPLE PROBLEMS*



**ADRIAN WELLS (UK)**

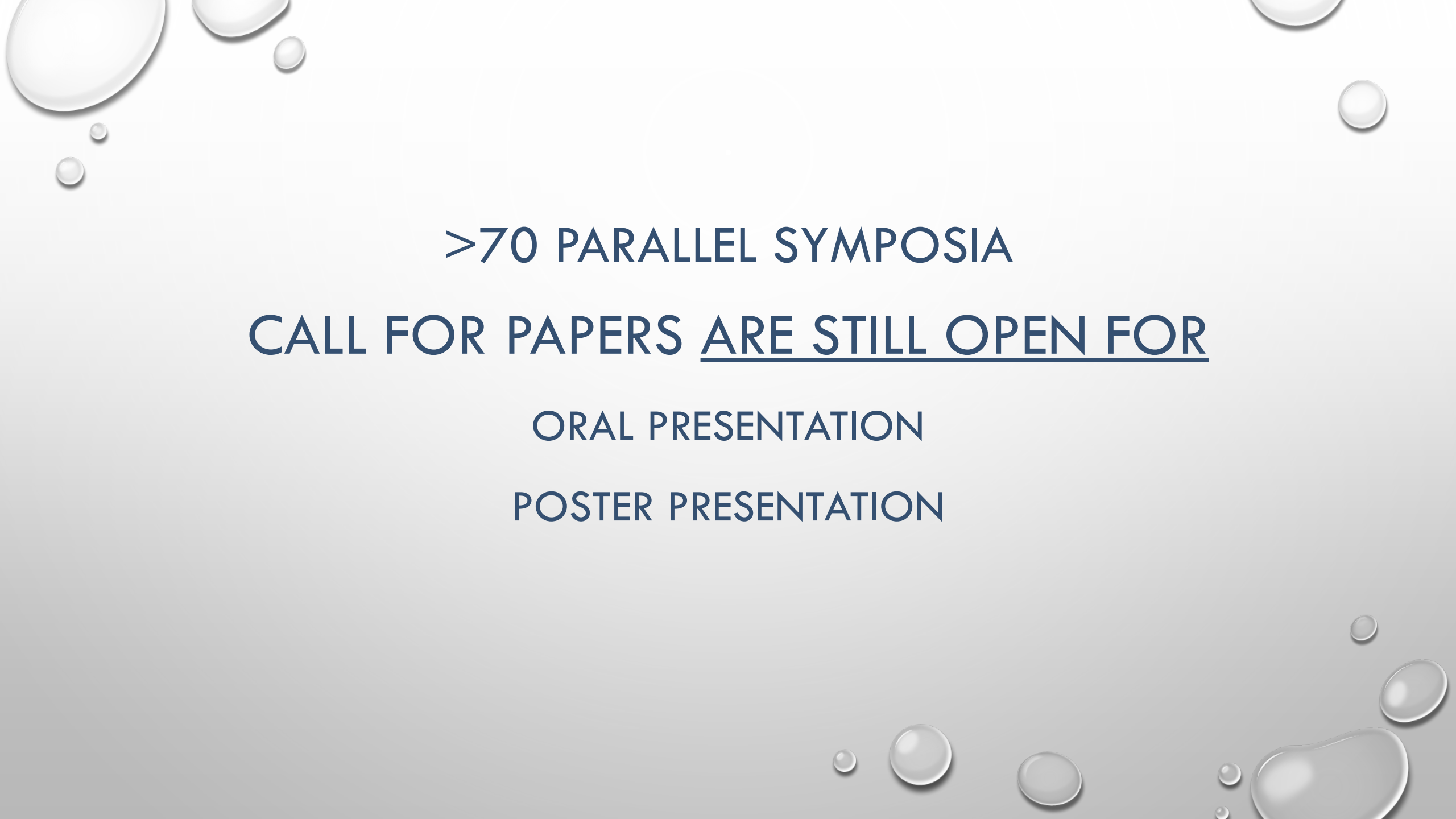
*METACOGNITIVE THERAPY FOR OBSESSIVE-COMPULSIVE DISORDER*

# 16 KEYNOTES

- A PERSONAL HISTORY OF AARON T. BECK AND COGNITIVE THERAPY (J. BECK)
- OBSESSIVE COMPULSIVE DISORDER AS A MORAL SENSE PATHOLOGY AND ITS THERAPY (F. MANCINI)
- TRAUMA AND THE BODY: SOMATIC INTERVENTIONS FOR ENHANCING CBT (J. FISHER)
- EMOTIONAL SCHEMA THERAPY: COPING WITH EMOTIONS WE ARE TOLD WE SHOULD NOT HAVE (R.L. LEAHY)
- SOCIAL SIGNALLING MATTERS: THE KEY MECHANISM OF CHANGE IN RADICALLY OPEN-DBT (T.R. LYNCH)
- COGNITIVE BEHAVIOR THERAPY FOR EATING DISORDERS: PAST, PRESENT AND FUTURE (R. DALLE GRAVE)
- FEAR, BLOCK AND RESISTANCES TO COMPASSION: IMPLICATIONS FOR THERAPY (P. GILBERT)
- SHARING CASE FORMULATION AS A THERAPEUTIC PROCESS IN COGNITIVE THERAPIES (S. SASSAROLI)
- METACOGNITIVE THERAPY: PRESENT, PAST AND NEW FRONTIERS (A. WELLS)

# 16 KEYNOTES

- TARGETING EMOTIONS IN THERAPY (S.G. HOFMANN)
- INTEGRATING ACT INTO CBT PRACTICE: EXPLORING THE BENEFITS OF A PROCESS-BASED APPROACH (S.C. HAYES)
- CONSEQUENCES OF ADVERSE CHILDHOOD EXPERIENCES IN LGBT AND HETEROSEXUAL POPULATION (A. MONTANO)
- IMAGERY RESCRIPTING: A METHOD TO PROCESS MEMORIES OF TRAUMATIC AND OTHER NEGATIVE EXPERIENCES (A. ARNTZ)
- CAN WE REALIZE THE MASSIVE PUBLIC HEALTH BENEFIT OF CBT, TOO? (L. MCFARR)
- INFIDELITY: IS IT POSSIBLE TO REBUILD TRUST FOLLOWING INFIDELITY (M.Z. SUNGUR)
- HOW CAN WE HELP CLIENTS TO BE SELF-THERAPISTS? (Y. CHOI)

The background features a light gray gradient with several realistic water droplets of various sizes scattered in the corners. The droplets have highlights and shadows, giving them a three-dimensional appearance.

>70 PARALLEL SYMPOSIA  
CALL FOR PAPERS ARE STILL OPEN FOR  
ORAL PRESENTATION  
POSTER PRESENTATION



# CONGRESS VENUE

## AUDITORIUM DELLA TECNICA

ROMA EUR



# REGISTRATIONS

	Early Until 28th February	Standard Until 31st May	Late or onsite After 1st June
Standard	€ 430	€ 500	€ 570
IACP member	€ 300	€ 350	€ 400
Emerging country*	€ 250	€ 300	€ 350
Student**	€ 200	€ 250	€ 300
Accompanying person	€ 60	€ 70	€ 80
Gala dinner	€ 80	€ 80	€ 80



# **INFORMATION**

**WWW.ICCP2020.COM - > NEWSLETTER  
SUBSCRIPTION**

**FACEBOOK: ICCP 2020**

**EMAIL: [INFO@ICCP2020.COM](mailto:INFO@ICCP2020.COM)**



# SAVE THE DATE

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